

**REGION IV DIVISION 2, 3, 4 & Unequipped  
2026 REGIONAL CHAMPIONSHIP INFORMATION SHEET**

**The Regional Championships will be held at the Navasota Junior High Gym in  
Navasota, TX on March 6<sup>th</sup> and 7<sup>th</sup>, 2026.**

**Division 2 (4A) – Friday March 6<sup>th</sup> (8:00am)  
Division 4 (1A-2A) – Friday March 6<sup>th</sup> (4:00pm)  
Division 3 (3A) – Saturday March 7<sup>th</sup> (8:00am)  
Unequipped (1A-6A) – Saturday March 7<sup>th</sup> (4:00pm)**

**The regular season is about over and it is time to make sure we have all the information needed concerning the Regional Meet.**

- 1. If a lifter cannot compete for any reason, contact me immediately - that way, another lifter can move up in the standings. After 4:00 p.m. Monday March 2nd, you will be responsible for the entry fee for your lifters, whether they compete or not. Failure to assume this responsibility will result in disqualification of your team from the Regional Competition.**
- 2. Check the totals and spellings for each of your lifters to be sure that they are correct. Also check the totals of the other lifters in the weight class to make sure no one has been overlooked. If there are any mistakes, contact me as soon as possible.**
- 3. All lifters must compete in proper uniform. If you have questions, check the Rules and By-Laws on the web site. [www.thspa.us](http://www.thspa.us)**
- 4. We are taking the Top 12 lifters from each class at regionals this year. Platform assignment will be slightly different to accommodate the extra lifters. I will send platform assignments and flights out at a later time.**
- 5. If you have a lifter that is close to the top 12 in their weight class, bring them with you as alternates. If someone does not show up or fails to make weight, we will take the first alternate available and so on. They will have one chance to make weight and NEW this year, they can weigh-in during the early weigh-in period. Bring a separate check for your alternates and be sure to list them on the eligibility form.**
- 6. Items to bring: *(All Paperwork Found on THSPA Website)***
  - A. Entry Fee-\$35.00 per lifter**
  - B. Make Entry Fee checks payable to THSPA Powerlifting**
  - C. Eligibility List signed by an administrator**
  - D. Liability Release Form – One per lifter**
  - E. Scholarship Applications for Seniors**
  - F. Meal money check made to NAVASOTA ATHLETIC BOOSTER CLUB**
- 7. If you have a lifter that is qualified in two weight classes OR both equipped and unequipped divisions, you must declare a weight class and/or division by 4:00p.m. on Monday March 2<sup>nd</sup>, 2026. I will update the standings Sunday March 1st, 2026 and have them posted on the web site. If I do not receive notification by the above stated date and time, the lifter will be placed into the heavier weight class. If you do not declare your lifter for equipped/unequipped by this time, the lifter will be placed in the equipped division. If you already know where you are going to declare your lifters, please let me know ASAP.**

8. We will have a concession stand. You are welcome to set up meal deals through our concession stand. Lunch will be \$8.00 per meal. Breakfast items will also be available. Make checks for meals to NAVASOTA ATHLETIC BOOSTER CLUB. I will not be able to refund or transfer money over so please make sure that your check is made out to **NAVASOTA ATHLETIC BOOSTER CLUB**. Information for arrangements can be made upon arrival. Please clear your account at the end of the day – No Charging Meals!
9. X Power Gear will be at the meet selling shirts during weigh-in and during the meet.
10. Entry for fans, parents, spectators will be \$5 per person. No passes will be honored at the gate. This fee is a flat fee for each individual through the door. Cash only! Please spread the word to your parents.

#### 11. Full Schedule with Weigh-In Sessions:

Date	Day	Time	Event	Location
March 5, 2026	Thursday	4:30-6:00PM	Div 2 & 4 Early Weigh-In	JH Gym Locker Room
March 6, 2026	Friday	6:00 - 7:30AM	Div 2 Same-Day Weigh-In	JH Gym Locker Room
		7:45AM	Div 2 Coaches Meeting	JH Cafeteria
		8:00AM	Div 2 Bars Loaded	JH Gym
		2:00-3:30PM	Div 4 Same-Day Weigh-In	HS Weight Room
		3:45PM	Div 4 Coaches Meeting	JH Cafeteria
		4:00PM	Div 4 Bars Loaded	JH Gym
		4:30-6:00PM	Div 3 and Unequipped Early Weigh-In	HS Weight Room
March 7, 2026	Saturday	6:00 - 7:30AM	Div 3 Same-Day Weigh-In	JH Locker Room
		7:45AM	Div 3 Coaches Meeting	JH Cafeteria
		8:00AM	Div 3 Bars Loaded	JH Gym
		2:00-3:30PM	Unequipped Same-Day Weigh-In	JH Locker Room
		3:45PM	Unequipped Coaches Meeting	JH Cafeteria
		4:00PM	Unequipped Bars Loaded	JH Gym

12. There will be a coaches meeting prior to the start of the meet in the hospitality room/cafeteria.
13. The State Meet will be on March 27th (Divisions 2,3,4 & Unequipped) and March 28th (Division 1 5A/6A), 2026 at the Taylor County Expo Center in Abilene, TX.
14. Entry Fee for the State Meet is also \$35.00 per lifter.
15. Please check the website throughout the week for changes. There are always lifters dropping out and I cannot always contact the coach. I will update the web site immediately and you can find the changes much quicker this way.

Cell: (979)255-0883

[r4d2@thspa.us](mailto:r4d2@thspa.us)

[taylorq@navasotaisd.org](mailto:taylorq@navasotaisd.org)

George Taylor  
THSPA Region 4  
Division 2,3,4 & Unequipped Director

